

# Getting Started With the PureWick™ System

A step-by-step guide

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**The PureWick™ System includes:**

- The PureWick™ Urine Collection System (*PW100/PW200*)
- The PureWick™ Female External Catheter (*PWFX30*)



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# An innovative way to manage urinary incontinence starts here

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**Welcome to the PureWick™ System family!** We are here to help you. In this booklet we have included everything you need to set up, operate, clean, and maintain your new PureWick™ Urine Collection System and place your PureWick™ Female External Catheter.

Let us guide you with this step-by-step training video. **Just use your phone camera to scan the QR code below** and you will be on your way to a better night's sleep.

**Watch the PureWick™ System training video:**



For more information, please visit  
**[PureWickAtHome.com](https://www.purewickathome.com)**

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or contact a PureWick™ System Product Specialist at  
**1-855-657-3274**

from 9AM to 8PM ET Monday through Friday  
or from 9AM to 3PM ET on Saturday.



# Why the PureWick™ System Is Right For You

## Created with you in mind

The PureWick™ System is a non-invasive option to managing urinary incontinence at home. This innovative system is easy to set up<sup>1</sup> and can be placed in a few steps. You can do it yourself or with the help of a caregiver.



## Why you'll love the PureWick™ System:



Can make better sleep possible.<sup>2</sup>



Helps keep skin dry by wicking away urine.<sup>3</sup>



May help to reduce the risk of nighttime falls, by staying in bed.<sup>4</sup>

1. PureWick™ User & Caregiver Survey (August 2020), Based on a survey of 324 respondents, (n=113 users, n=195 caregivers, n=16 answered "Not Sure", Margin of Error = 5.2%), 93% of caregivers and 84% of users agree the PureWick™ System is easy to set up. Respondents used the PureWick™ Urine Collection System with the PureWick™ Female External Catheter and re-ordered the PureWick™ Female External Catheter at least once.

2. Based on a survey of 145 respondents, 109 (n=47 users, n=50 caregivers, n=10 identified as both a user and caregiver, n=2 who did not identify whether they were a caregiver or a user) agreed that since using the PureWick™ System they are able to sleep better at night. The respondents used the DryDoc™ Vacuum Station with the PureWick™ Female External Catheter (previous name of 1st generation PureWick™ Urine Collection System) and re-ordered the PureWick™ Female External Catheter at least once.

3. Ritter, J: Effectiveness and Functionality of a Female External Catheter, 2017

4. Based on a survey of 145 respondents, 120 (n=53 users, n=55 caregivers, n= 9 identified as both a user and caregiver, n=3 who did not identify whether they were a caregiver or a user) agreed that since using the PureWick™ System they typically did not have to get out of bed at night to use the bathroom. The respondents used the DryDoc™ Vacuum Station with the PureWick™ Female External Catheter (previous name of 1st generation PureWick™ Urine Collection System) and re-ordered the PureWick™ Female External Catheter at least once.

# What's In the Box?

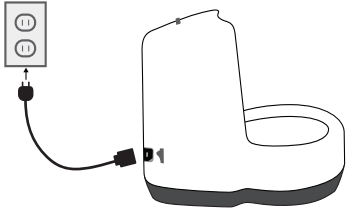
This box contains everything you need to get started managing your urinary incontinence at home. See the complete list of items included below:

- 1 PureWick™ Urine Collection System base  
(PW100 – without battery or PW200 – with battery)
- 2 Power Cord
- 3 Collector tubing
- 4 Elbow connector
- 5 Pump tubing
- 6 2,000 mL collection canister with lid
- 7 Disposable privacy cover (2)
- 8 User Guide
- 9 PureWick™ Female External Catheters - Box of 30  
(PWF30)

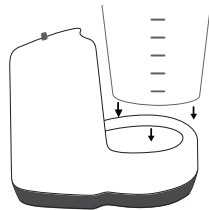


# Setting up the PureWick™ System

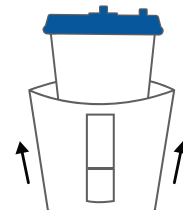
## Step-by-step Instructions



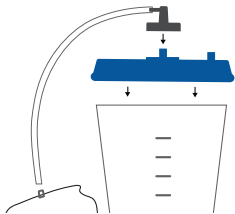
1. Plug power cord into the device outlet and into the A/C power outlet.  
Note: Make sure the power switch is turned off.\*



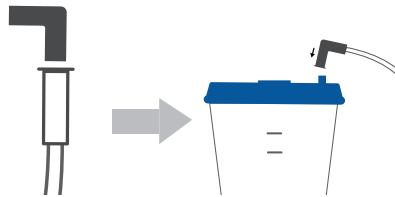
2. Place the collection canister in the base and press down firmly on the lid of the device, making sure the lid is sealed.



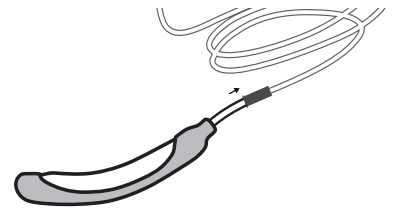
3. Optional: Slip privacy cover onto the canister prior to placing canister into base.



4. Attach pump tubing to the BD PureWick™ Urine Collection System connector port and the connector port on the collection canister lid.



5. Attach the elbow connector to the collector tubing and connect elbow connector to the connector port on the collection canister lid.



6. Connect other end of collector tubing to a PureWick™ Female External Catheter.

You will find the complete setup, operation, and maintenance instructions in the User Guide, included in your shipment.



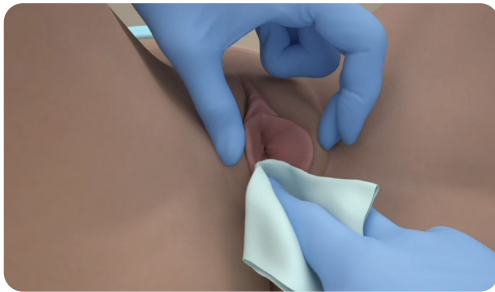
Watch the set up video:



# Placing the PureWick™ Female External Catheter

Placing the PureWick™ Female External Catheter does require practice, but we are here to help you along the way. You can watch the step-by-step video for a more detailed explanation by visiting <https://purewick.com/howto?> or scanning the QR code located at the bottom of the page.

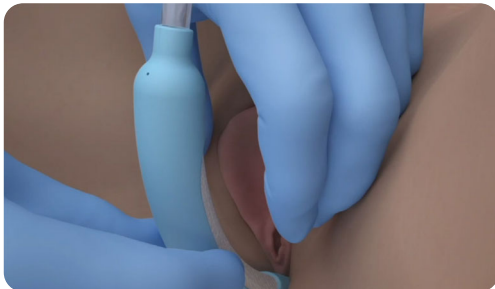
If you need further assistance, do not hesitate to contact our Product Specialists for help. You will find the complete user guide included in your shipment.



1. Perform perineal care and assess skin integrity.



2. Separate legs, gluteus muscles, and labia. Palpate pubic bone as anatomical marker.



3. With soft gauze side facing patient, align distal end at gluteal cleft.



4. Gently tuck soft gauze side between separated gluteus and labia.

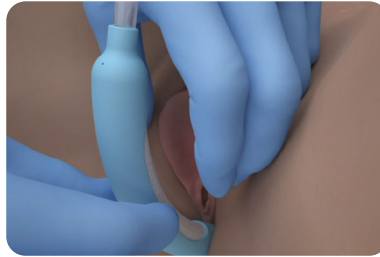
Watch the external catheter placement video:



# Removing the PureWick™ Female External Catheter



**1.** Fully separate the legs, gluteus, and labia.



**2.** To avoid potential skin injury upon removal, gently pull the PureWick™ Female External Catheter directly outward.



**3.** Ensure suction is maintained while removing the PureWick™ Female External Catheter.



## Maintenance

Replace the PureWick™ Female External Catheter at least every 8 to 12 hours or if soiled with feces or blood. Assess skin for compromise and perform perineal care prior to placement of a new PureWick™ Female External Catheter.

Watch the external catheter removal video:





# Cleaning the Collection Canister

## Cleaning Instructions and Maintenance

The collection canister, canister lid, collector tubing, pump tubing, and PureWick™ Urine Collection System base should be cleaned and disinfected at the time of each use, or at a minimum, daily. The power cord should be cleaned and disinfected at the time of each use, or at a minimum daily.

Note: Gloves should be worn when handling soiled or dirty accessories.

## Instructions for cleaning the canister and canister lid

**Initial Rinse:** Rinse the canister and lid thoroughly with cool tap water. While rinsing, remove any excess dirt by wiping the canister and lid with disposable low lint wipes.

**Cleaning:** Prepare a soapy solution by mixing 1 teaspoon (approximately 5 mL) of dish soap with 1 gallon (approximately 4 L) of cool tap water. Fully submerge canister and lid in the solution. Allow it to sit for a minimum of ten (10) minutes. While submerged, use a soft brush (e.g., toothbrush) to brush all accessible areas of the canister and lid for a minimum of one (1) minute to remove any visible signs of debris or dirt.

**Rinse:** Rinse the canister and the lid thoroughly with cool tap water until there is no visible sign of the cleaning solution.

**Visual inspection:** Inspect the canister and the lid to ensure that all debris and dirt have been removed. If there is any sign of debris or dirt, repeat steps above until there is no sign of debris or dirt remaining on the canister and lid.



**Disinfection:** Fully submerge the canister and lid in 70% isopropyl alcohol (IPA). Allow it to sit for a minimum of ten (10) minutes.

**Rinse:** Rinse the canister and the lid thoroughly with cool tap water.

**Drying:** Dry the canister and lid with a clean low-lint towel or cloth.

# Cleaning the Collector and Pump Tubing

## Instructions for cleaning the collector tubing with elbow connector and pump tubing

**Initial Rinse:** Disconnect the collector tubing from the elbow connector and disconnect the elbow connector from the lid. Rinse the disconnected tubing thoroughly by running cool tap water through the inside of the tubing. While rinsing, remove any excess dirt by wiping the outside of the tubing and elbow connector with low lint disposable wipes. While rinsing, flush the tubing with cool tap water to remove any excess dirt.

**Cleaning:** Prepare a soapy solution by mixing 1 teaspoon (approximately 5 mL) of dish soap with 1 gallon (approximately 4 L) of cool tap water. Completely submerge the tubing and elbow connector in the solution and allow it to soak for a minimum of ten (10) minutes. At the beginning of the soak time, flush the inside of the tubing with the prepared solution. While submerged, use a soft brush (e.g., toothbrush) to brush all accessible areas of the tubing and elbow connector for a minimum of one (1) minute to remove any visible signs of debris or dirt.

**Rinse:** Rinse the tubing and elbow connector thoroughly with cool tap water until there is no visible sign of the soap cleaning solution. While rinsing, flush the inside of the tubing with the tap water.

**Visual inspection:** Inspect the tubing to ensure that all debris and dirt have been removed.



If there is any sign of debris or dirt, repeat the steps above until there is no sign of debris or dirt remaining on or inside the tubing.

**Disinfection:** Fully submerge the tubing and elbow connector in 70% isopropyl alcohol (IPA). Allow it to soak for a minimum of ten (10) minutes. Flush the IPA through the tubing, prior to starting the ten (10) minute time.

**Rinse:** Rinse the tubing and elbow connector thoroughly with cool tap water, ensuring that the inside of the tubing is flushed with water.

**Drying:** Dry the tubing and elbow connector outer surface with a clean low lint towel or cloth and allow the inside of the tubing to air dry for a minimum of thirty (30) minutes at room temperature.

# Cleaning the System Base

## Instructions for cleaning the PureWick™ Urine Collection System Base

**Initial Wipe:** Wipe the PureWick™ Urine Collection System base and power cord thoroughly with a clean low lint cloth dampened with cool tap water. Remove any excess dirt by wiping the device with disposable low lint wipes.

**Cleaning:** Prepare a soapy solution by mixing 1 teaspoon (approximately 5 mL) of dish soap with 1 gallon (approximately 4 L) of cool tap water. Completely wet a clean low lint cloth with the solution and wipe down the PureWick™ Urine Collection System base and power cord. Allow the cleaning solution to remain on the device and power cord for a minimum of ten (10) minutes, ensuring that the device and power cord remains wet for the ten (10) minutes. Using a soft brush (e.g., toothbrush), brush all accessible areas of the PureWick™ Urine Collection System base and power cord for a minimum of one (1) minute to remove any visible signs of debris or dirt.

**Rinse:** Using a new clean low lint cloth, wipe the PureWick™ Urine Collection System base and power cord thoroughly with cool tap water to remove the soap cleaning solution. Perform this step until there is no visible sign of the soap cleaning solution.

**Visual inspection:** Inspect the PureWick™ Urine Collection System base and power cord to ensure that all debris and dirt have been removed. If there is any sign of debris or dirt,



repeat the steps above until there is no sign of debris or dirt remaining on the PureWick™ Urine Collection System base and power cord.

**Disinfection:** Use 70% isopropyl alcohol (IPA) to completely wet a clean low lint cloth and wipe down the PureWick™ Urine Collection System base and power cord. Allow the disinfecting solution to remain on the device and power cord for a minimum of ten (10) minutes, ensuring the unit is visibly wet with IPA for ten (10) minutes.

**Rinse:** Using a new clean low lint cloth, wipe the PureWick™ Urine Collection System base and power cord thoroughly with cool tap water to remove the disinfecting solution.

**Drying:** Dry the PureWick™ Urine Collection System base and power cord with a clean low lint towel or cloth.

# Tips and Troubleshooting

## The PureWick™ Urine Collection System and the PureWick™ Female External Catheter tips and troubleshooting

### 1. The device is on, but not suctioning properly.

Follow these troubleshooting steps to ensure the device is suctioning properly.

- a. Ensure that tubing connections are connected properly.
- b. Check the collector tubing for blockage or flow restriction such as pinhead or kinked tubing.
- c. Ensure that the overflow stop valve in collection canister lid is open. The valve floats to the top when the collection canister is full. The stop valve may close if the lid or canister is tipped sideways or upside down. Disconnect the tubing and gently shake the lid to reset the valve down to the open position.
- d. Ensure that the collection canister is sealed, and the lid is tightly closed.
- e. Verify suction by disconnecting PureWick™ Female External Catheter from the collector tubing and placing the end of the collector tubing into a cup of water. If water easily flows into the collection canister, replace the PureWick™ Female External Catheter.

### 2. How can I place the PureWick™ Female External Catheter properly?

Connect the PureWick™ Female External Catheter to the PureWick™ Urine Collection canister. Perform perineal care and assess skin integrity. Separate legs, gluteus muscles, and labia. With soft gauze side facing patient, align distal end of the PureWick™ Female External Catheter at gluteal cleft. Gently tuck soft gauze side between separated gluteus and labia. Ensure that the top of the gauze is aligned with the pubic bone. Slowly place legs back together once the PureWick™ Female External Catheter is positioned.

### 3. The PureWick™ Female External Catheter leaked when I used it. How do I prevent it from leaking?

Ensure accurate position. With soft gauze side facing the patient, align distal end of the PureWick™ Female External Catheter at the gluteal cleft. Gently tuck soft gauze side between gluteus and labia. Ensure that the top of the gauze is aligned with the pubic bone. Slowly place legs back together once the wick is positioned.

# Tips and Troubleshooting

## 4. How many PureWick™ Female External Catheters do I need?

PureWick™ Female External catheters are used one at a time and should be replaced every 8 to 12 hours (or immediately if soiled with feces or blood). The amount you need to order will depend on individual usage. For example, if you plan to use the PureWick™ System only at night while sleeping, you will likely use one PureWick™ External Female Catheter per day.

## 5. Is the PureWick™ Female External Catheter reusable?

No. The wick should be replaced every 8 to 12 hours or immediately if it's soiled with feces or blood. Skin should be assessed to see if it's been compromised, and perineal care should be performed prior to placement of a new wick.

## 6. How often do you need to replace the canister and tubing?

It is recommended to replace the collection canister and tubing at least every 60 days or sooner if signs of degradation.

## 7. Do I have to keep the PureWick™ Urine Collection System in a specific location?

The PureWick™ Urine Collection System should be kept on a flat surface. The PureWick™ Urine Collection System is 9" x 6.5" x 11" and able to fit on most nightstands and tables. It should be kept in close proximity to you while sleeping.



# Reorder supplies online anytime, day or night

Create an account today at [PureWickAtHome.com](https://www.purewickathome.com) or scan the QR code at the bottom of this page to save time and track the progress of your orders.

## Benefits of creating an account:



Faster checkout



Updates and promotions



Quickly reorder supplies



## Now you can easily reorder supplies online without a prescription\*\*

- PureWick™ Female External Catheter Refills
- Tubing & Canister Accessories (to be replaced every 60 days)

Place your order on our easy-to-use site and enjoy our discreet delivery service. All your transactions and personal information will remain completely secure, for your peace of mind.

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or scan the QR code:



Contact a PureWick™ System Product Specialist at **1-855-657-3274**

# BD PureWick™ Urine Collection System Indications For Use

**Indications:** The PureWick™ Urine Collection System is to be used with the PureWick™ External Catheters which are intended for non-invasive urine output management.

**Contraindications:** Do not use the PureWick™ Urine Collection System with PureWick™ Female External Catheters on individuals with urinary retention.

**Warnings:** Do not use the PureWick™ Female External Catheter with bedpan or any material that does not allow for sufficient airflow. To avoid potential skin injury, never push or pull the PureWick™ Female External Catheter against the skin during placement or removal. Never insert the PureWick™ Female External Catheter into vagina, anal canal, or other body cavities. Discontinue use if an allergic reaction occurs. After use, this product may be a potential biohazard. Dispose of in accordance with applicable local, state and federal laws and regulations.

**Precautions:** Not recommended for patients who are: Agitated, combative, or uncooperative and might remove the PureWick™ Female External Catheter. Having frequent episodes of bowel incontinence without a fecal management system in place. Experiencing skin irritation or breakdown at the site. Experiencing moderate/heavy menstruation and cannot use a tampon. Do not use barrier cream on the perineum when using the PureWick™ Female External Catheter. Barrier cream may impede suction. Proceed with caution in patients who have undergone recent surgery of the external urogenital tract. Always assess skin for compromise and perform perineal care prior to placement of a new PureWick™ Female External Catheter. Maintain suction until the PureWick™ Female External Catheter is fully removed from the patient to avoid urine backflow.

**Safety and Warnings:** Always unplug PureWick™ Urine Collection System before cleaning or when not in use. **Do not immerse the PureWick™ Urine Collection System in water.** As with most electrical devices, electrical parts in this system are electrically live even when the power is off. To reduce the risk of electric shock, if the PureWick™ Urine Collection System falls into water, unplug immediately. **Do not reach into the water to retrieve it.** Contains

small parts that may cause choking. Keep out of reach of children. Keep cords and tubing out of the reach of children to avoid the risk of strangulation. Discontinue use if an allergic reaction occurs. Not recommended for users who are experiencing skin irritation or skin breakdown in device contact areas.

**WARNING:** This device should not be used in oxygen rich environments or in conjunction with flammable anesthetics. If the PureWick™ Urine Collection System is dropped or tipped over spilling urine, unplug the unit and carefully inspect for loose or damaged parts before resuming use. Contact Customer Support at 1-888-201-1586 if any damage is observed. The pump tubing connecting the PureWick™ Urine Collection System to the collection canister may experience light condensation inside the tube. This is not unusual and does not affect function. However, if urine or water has streamed into the pump, discontinue use and contact Customer Support at 1-888-201-1586. Although the canister can hold up to 2000cc (mL), the urine should be emptied regularly from the collection canister before volume reaches 1800cc (mL). Failure to empty canister before urine overflow may cause damage to the PureWick™ Urine Collection System and is not covered under the warranty. It is important that the port connections be connected correctly for proper operation of the PureWick™ Urine Collection System. Use of this equipment next to or stacked with other equipment should be avoided because it could result in improper operation. If such use is necessary, this equipment and the other equipment should be observed to verify that they are operating normally. Portable radio frequency (RF) communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 12 inches (30cm) to any part of the PureWick™ Urine Collection System, including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result. Use only PureWick™ Urine Collection System accessories with this device. Incompatible parts or accessories can result in degraded performance and will void the warranty.

Do not use accessories past expiration date indicated on package labeling. Use only the PureWick™ Urine Collection System A/C power cord with the device. Use of an alternate consumer style A/C power adapter or an extension cord may cause damage to device and electrical shock or injury and will void the warranty. Do not place PureWick™ Urine Collection System or its cord across walkways creating a tripping hazard. For PW200: The battery cells used in this device may present a fire or chemical hazard. To minimize

the risk of damaging the battery inside the PureWick™ Urine Collection System, do not use the device outside the indicated operating temperature range of 41°F - 104°F (5°C - 40°C). The battery is not intended to be replaced; replacement could result in a hazard. **To reduce the risk of electrical shock or injury, do not disassemble this unit. No modification of this equipment is allowed.**







For more information, please visit

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or contact a PureWick™ System Product Specialist at

**1-855-657-3274**

from 9AM to 8PM ET Monday through Friday or from 9AM to 3PM ET on Saturday.

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